



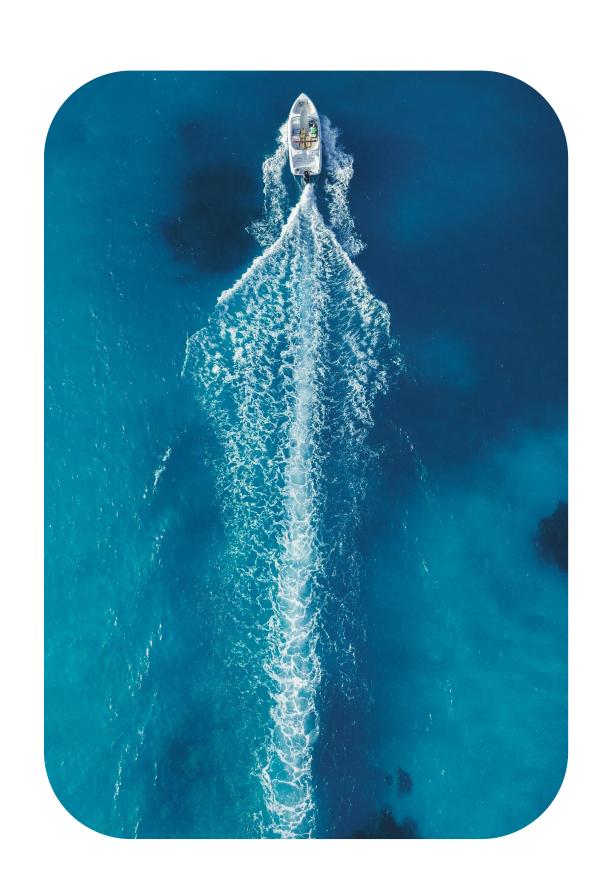
## Shipwrecked or Smooth Sailing

How to stay on course with GG and PDPM



## Agenda

- 1 Changes in Course!
- 2 GG Steering the Ship
- 3 GG Missteps: Tips and Tools
- 4 PDPM Essentials
- 5 PDPM: Overcoming the Top 3 Misses
- Our New Course: Resources





## Why the focus on GG now?

It's time to batten down the hatches and prepare for G removal.



- G removal from the MDS data sets October 2023
- G is currently utilized for Quality Measures there has not yet been a replacement plan released
- GG is the remaining mandated universal set of questions used across LTACHs, IRFs, SNFs and HH to assess functional levels in self care and mobility, a key factor in SNF QRPs (\$ Penalty for Dashing)
- GG is utilized as a component of the PDPM Nursing Category and one of the drivers of reimbursement
- States must replace RUG-based models with the loss of the OSA option at the end of 2025. Many are moving toward PDPM or subsets of PDPM



### MDS 3.0 Quality Measures - currently utilizing G ADLs

#### Sailing into the great beyond

- Percent of residents who make improvement in function (SS)
- Percent of high-risk residents with pressure ulcers (LS)
- Percent of low-risk residents who lose control of their bowel or bladder (LS)
- Percent of residents whose need for help with ADLs has increased (LS)
- Percent of residents whose ability to move independently worsened (LS)



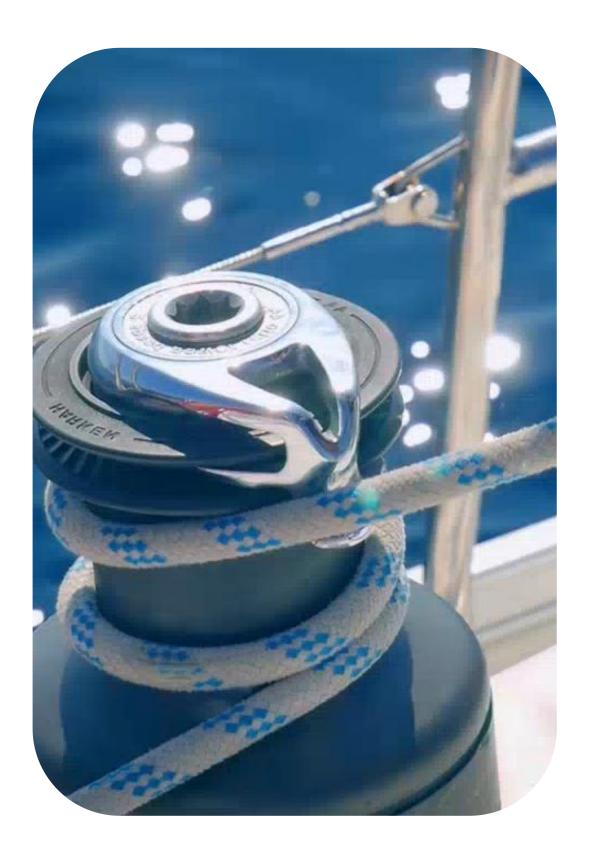


#### **SNF GG Essentials**

#### Learn the ropes.

Mandated set of questions utilized to determine self care and mobility functional levels assessed upon admission prior to the benefit of intervention through DC

- Capture of "usual performance" in 3-day window
- Foundation for establishing individualized goals and care plans
- Utilized by CMS to set expected outcomes
- October 2023 included in Admission, Discharge, and OBRA/Interim completion
- Driver of reimbursement under PDPM models for PT/OT and Nursing
  - PT/OT estimation of amount and cost of therapy needed
    - More **independence** = higher reimbursement
  - Nursing reimbursement for level of effort to provide self care and mobility support
    - More **dependence** = higher reimbursement





#### **GG** Rules

Gain your sea legs.

#### The GG Rules

Assessment based on direct observation, resident self-reports and reports from qualified clinicians, care staff and/or family.

- Admission first 3 days prior to the benefit of intervention
- IPA, OBRA and DC ARD and 2 days prior

Documentation to support coding across all shifts and final determination

#### **Simplify Coding Capture**

**06** - Independent

**05** - Set Up/Clean-up Assist

**04** - Supervision/Touching

**03** - Partial/Moderate (<1/2 the effort)

02 - Substantial/Max (>1/2 the effort)

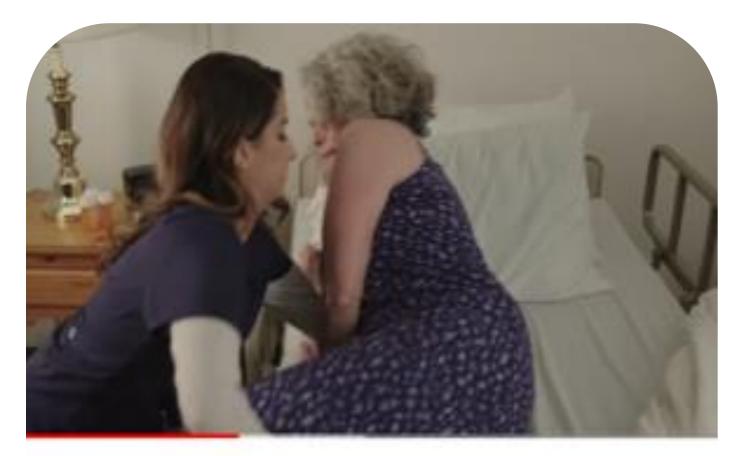
01/07/09/10/88 - Not Attempted/

Refused/Dependent



## **CMS GG Training Videos**

Keep your coding shipshape.



#### GG0170C. Lying to Sitting on Side of Bed





#### GG0170C. Lying to Sitting on Side of Bed

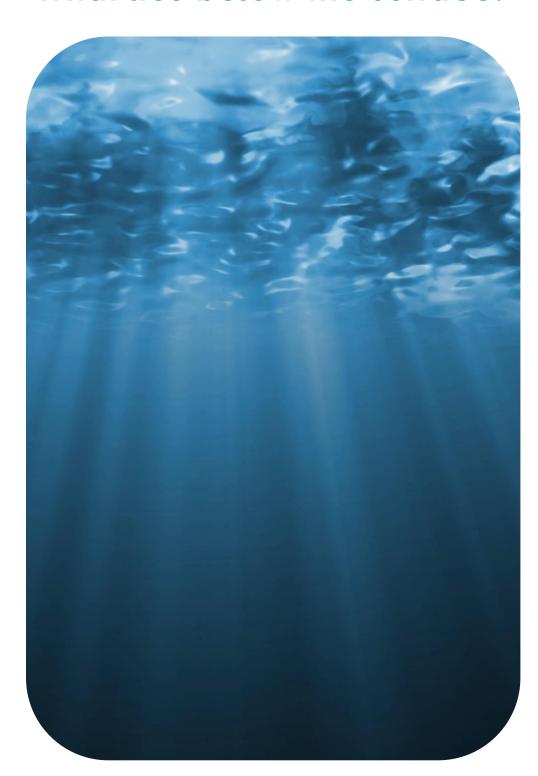
GG0170. Mobil	ky	
1. Admission Performance	2. Discharge Goal	
; Enter Codes in Boxes ;		
03		C. Lying to sitting on side of bed: The ability to move from lying on the back to siting on the side of the bed with no back support.

CODE 03 Partial/moderate assistance



## **GG** Missteps

What lies below the surface.



#### Capture

- Defaulting to therapy eval coding
- Capturing 1x/day vs. each shift
- Overlooking patients and family's input
- Lack of a signed and dated source document (assessment) that correlates with the actual GG recorded values (must be by day 3)

#### Consequences

- Inaccurate identification of level of assist
- Inappropriate goals
- CMS Expected Outcomes set too high QRP impact
- Payment not commensurate with services provided
- Payment placed at risk under audit
- Will QM's begin pulling from GG for functional improvements vs. G?



# Poll Question #1



#### **Medical Review**

Take the helm and run a tight ship.

#### Impact of GG Accuracy

Lack of substantiation of MDS Section GG is frequently a citation among medical review findings, especially from Managed Care audit contractors. In absence of GG supporting documentation, reviewers are determining a resident's function score to be consistent with independent performance.

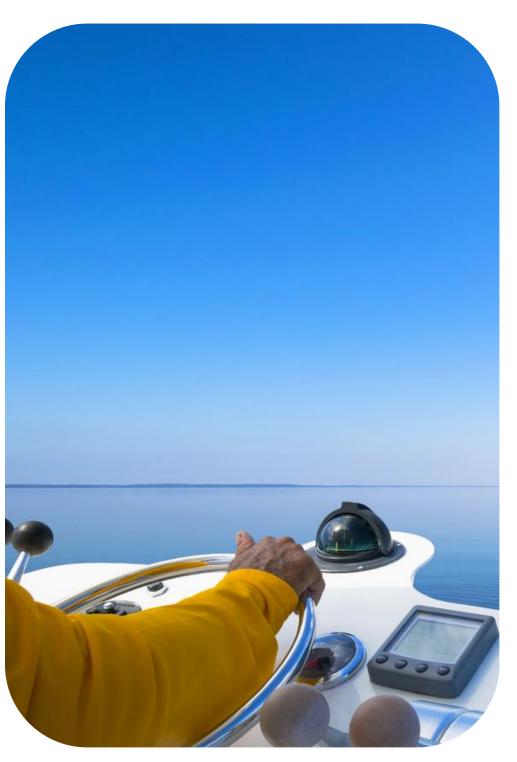
**Example:** Recent findings on 3 separate claims cited lack of signed and dated assessments within days 1-3 equaling on average >\$1,500/claim and the only PDPM findings.





#### **Medical Review**

Take the helm and run a tight ship.



#### Ensure accuracy of values captured in Section GG

- Review scores recorded in MDS Section GG against the signed/dated assessment
- Confirm all values are supported by source documentation
- Verify source documentation and assessment are contained within the Electronic Medical Record for ease of location in event of an audit

**Note:** As review of GG items is often a quick win for medical review contractors, taking time to solidify processes and documentation tools will contribute to audit success.



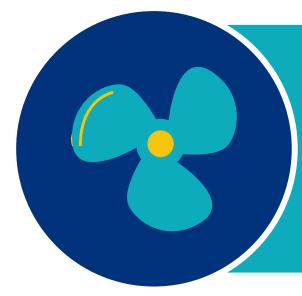
## **GG** Strategies

All hands on deck.



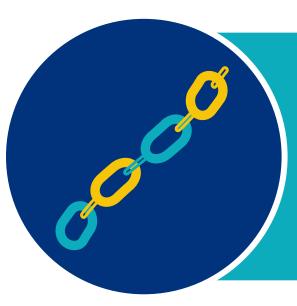
#### **Assign GG Champion**

- Oversee capture process
- Review daily
- Assess and share score with IDT



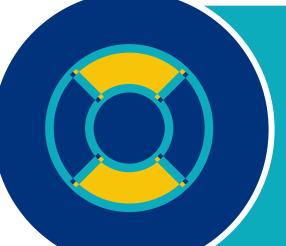
#### **Educate**

 Simplify questions for caregivers, families and patients per RAI definitions



#### Communicate

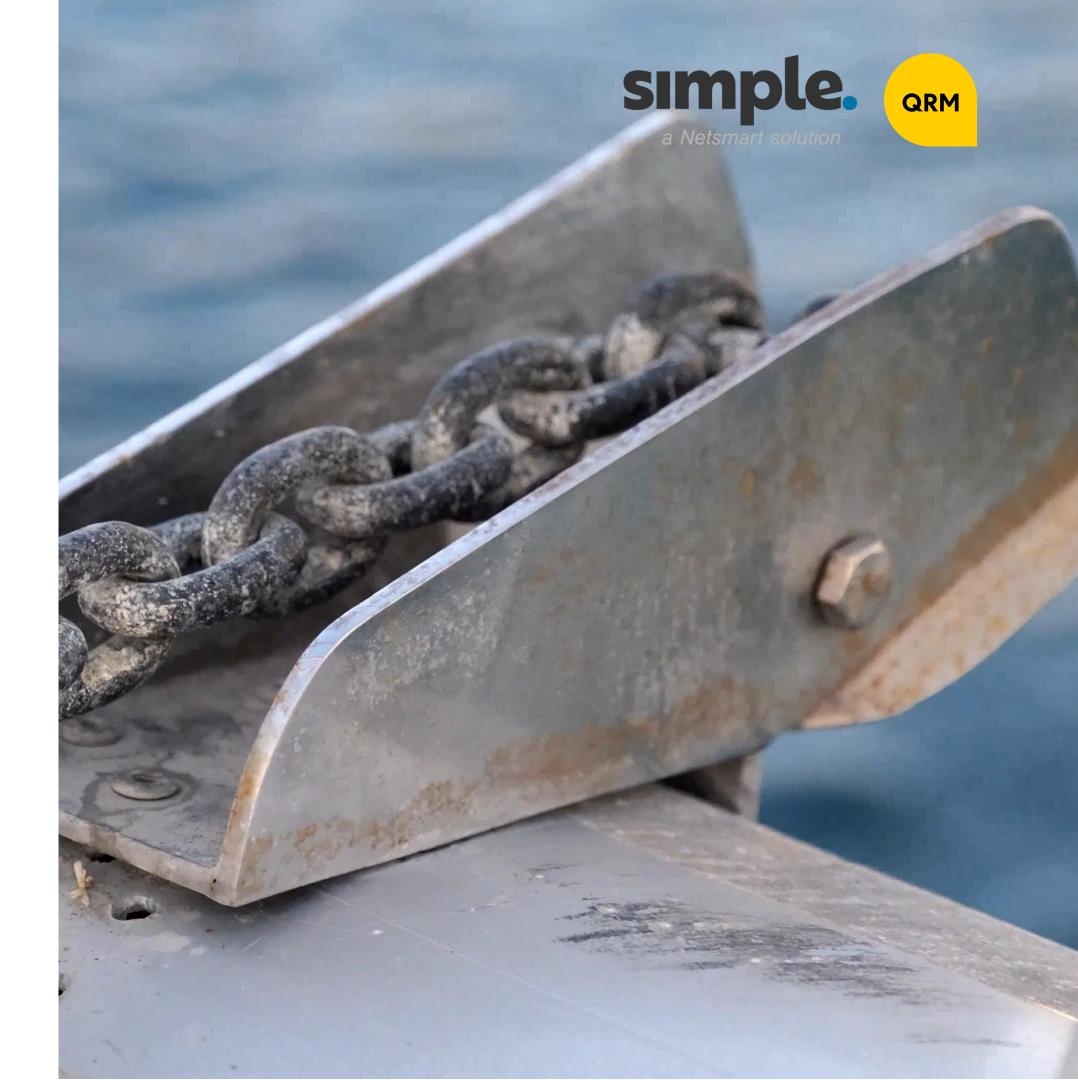
- Discuss GG activities and level of assist each shift
- Gather from IDT
- Review in UR



#### **Document**

- Utilize 3-Day q shift tool
- IDT sign off on usual decision
- Enter into medical record

## Hoisting the anchor and full speed ahead to PDPM





#### **PDPM Essentials**

Anchor your team in a safe harbor.



HIPPS Coding - 4 letter plus 1 number coding providing insight into specific diagnosis, conditions and functional levels - 100% from MDS

\*Each letter ties to a CMI which is a multiplier of the base rate for each component



#### **PDPM Essentials**

Anchor your team in a safe harbor.

## 1<sup>st</sup> Letter: PT/OT Component (A-P)

 Primary reason for SNF stay, surgical HX and GG score

#### 2<sup>nd</sup> Letter: ST Component 2 categories (A-L)

- Co-morbidities, cognitive impairment, neuro DX as primary
- Swallowing disorder and mechanically altered diet

## 3<sup>rd</sup> Letter: Nursing Component (A-Y)

- Clinical conditions
- Cognition (BIMS)
- GG score
- Depression (PHQ9)
- Behavior
- Restorative

## 4<sup>th</sup> Letter: NTA (A-F)

50 active DX and conditions

#### 5<sup>th</sup> Number: Assessment Type

- 0 = IPA
- 1 = PPS assessment
- 6 = OBRA assessment







#### **PDPM Component Criteria**

PT/OT Component								
Items impacting CMG: Clinical Category & PT/OT Functional (GG UP) Score								
	Collapsed Clinical Category	PT/OT GG UP Score	PT/OT Case Mix Group					
	Malan Islan	0-5	TA					
	Replacement or	Major Joint Replacement or 6-9						
	Spinal Surgery	10-23	TC					
		24	TD					
		0-5						
	Other Outher a die	Other Orthopedic 6-9						
	Other Orthopedic							
		24	TH					
		0-5	TI					
	Medical Management	Medical Management 6-9						
		24	TL					
		0-5	ТМ					
	Non-Orthopedic Surgery and Acute	- 6-9						
	Neurologic							
	1							

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Items impacting CMG: Clinical Category, BIMS, Diet, Section K, SLP Comorbidities								
SLPF	Related Comorbidities – MDS Item	SLP Related Comorbidities – ICD-10 Codes						
	Aphasia I4300	☐ Laryngeal Cancer I8000						
	CVA, TIA, Stroke I4500							
	Hemiplegia or Hemiparesis I4900		Dysphagia I8000					
	Traumatic Brain Injury I5500		ALS 18000					
	Tracheostomy Care while a resident O0100E2	•						
	Vent or Respirator Care while a ☐ Speech & Language Deficits I8 resident O0100F2							
			Section K Swall	owing Dis	orders			
	Loss of liqui	ds from	mouth when eating or	drinking				
Holding food in mouth/cheeks or residual food in mouth after meals								
Coughing or choking during meals or when swallowing medications								
Complaints of difficulty or pain with swallowing								
None of the above								
☐ Clinical Category = Acute Neuro ☐ SLP-Related Comorbidity ☐ Cog Impairment: BIMS < 13; CPS > 0			☐ Mech Altered Diet ☐ Section K Swallowing Disorder  SLP Ca					
	None		Neither		SA			
	None		Either		SB			
	None	Both 🗆			SC			
	Any One		SD					
	Any One	Either			SE			
	Any One		SF					
	Any Two		Neither		SG			
	Any Two	Either  Both			SH			
	Any Two		SI					
	Any Three	Neither			SJ SK			
	Any Three	Either						
	Any Three		Both		SL			

**SLP Component** 

## PDPM Worksheet

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Source: QRM PDPM Worksheet





## PDPM Worksheet

		Nursing Component				
	Items impacting CMG: Extensive so	ervices, Specialized services, IV: ore, PHQ-9, BIMS, restorative tl				ns,
Extensiv	Trach care AND vent or respirator care w Trach care OR vent or respirator care Wh Infection isolation while a resident	Nur Functio U	sing enal (GG P) = 0-14	ES3 ES2 ES1	□A □B □C	
듐	Comatose & dependent     Septicemia/Sepsis	Fever with one of the following:     Pneumonia	GG UP 0-14	Dep. Criteria		
Special Care High	Diabetes with BOTH: Daily injections and Insulin order changes on 2+ days     Quadriplegia & GG UP score ≤ 11     COPD AND SOB with lying flat     Respiratory therapy x 7 days	Vomiting     Weight loss     Feeding tube  Parenteral/IV feedings while a resident n /*(K0510A1) or while not a resident (K0510A2)	0-5 0-5 6-14 6-14	Yes No Yes No	HDE2 HDE1 HBC2 HBC1	□ D □ E □ F □ G
	CP, MS, Parkinson's with GG UP	Any stage 3 or 4 pressure ulcer	GG UP 0-14	Dep. Criteria		
Special Care Low	score ≤ 11  Respiratory failure and O2 therapy while a resident  Feeding tube average across 7day lookback**  Radiation therapy while a resident  Dialysis while a resident  2+ stage 2 pressure ulcers with 2+ skin treatments	OR unstageable with slough or eschar with 2+ skin treatments  2+ venous/arterial ulcer with 2+ skin treatments  Stage 2 pressure ulcer xl and venous/arterial xl with 2+ skin treatments  Foot infection, diabetic foot ulcer, or other open lesion of foot with dressings	0-5 0-5 6-14 6-14	Yes No Yes No	LDE2 LDE1 LBC2 LBC1	H
J	Extensive services, special care high or s	pecial care low with GG UP score =	GG UP 0-16	Dep. Criteria		
Clinically Complex	15-16 Pneumonia Hemiplegia/hemiparesis & GG UP ≤ 11 Surgical wounds or open lesion with treat Burns While a resident: Chemotherapy, Oxyger Transfusions	0-5 0-5 6-14 15-16 6-14 15-16	Yes No Yes Yes No No	CDE2 CDE1 CBC2 CA2 CBC1 CA1	L	
	Cognitive impairment (BIMS score ≤ 9 or Hallucinations	GG UP 11-16	Rest. Criteria			
ioral & Cog	Delusions Physical behavior symptoms towards oth Verbal behavior symptoms towards othe Other behavioral symptoms no directed	rs	11-16	≥ 2 RNP	BAB2	□R
Behav	Rejection of care Wandering Restorative Nursing Services - see below criteria	Reduced Physical Function for RNP	11-16	0-1 RNP	BAB1	□S
	Restorative Nursing Services administere	ed x 15 minutes per RNP program for	GG UP 0-16	Rest Criteria		
Reduced Physical	≥ 6 days:	0-5 0-5 6-14 15-16 6-14 15-16	≥2 RNP 0-1 RNP ≥2 RNP ≥2 RNP 0-1 RNP	PDE2 PDE1 PBC2 PA2 PBC1 PA1	T	
				0-1 RNP		

Non-Therapy Ancillary Component & Checklist							
12+P	oints=NA; 9-11 Points=NB; 6-8 Points=NC; 3-5 Points=ND; 1-2 Points=NE; 0 Pts.=NF	Pts					
	Parenteral IV Feeding: Level High (K0510A2, K0710A2)	7					
	Parenteral IV Feeding: Level Low (K0510A2, K0710A2, K0710B2)	3					
	Asthma, COPD, Chronic Lung Disease (16200)	2					
	Cardio-Respiratory Failure and Shock (18000)	1					
	Chronic Myeloid Leukemia (18000)	2					
	Cirrhosis of Liver (18000)	1					
	Complications of Specified Implanted Device or Graft (18000)	1					
	Cystic Fibrosis (18000)	2					
	Diabetes Mellitus (12900)	1					
	Diabetic Retinopathy (18000)	1					
	End-Stage Liver Disease (18000) Endocarditis (18000)	1					
	Epilepsy – Intractable (18000)	1					
	Inflammatory Bowel Disease (11300)	1					
	Immune Disorders (18000)	1					
	Lung Transplant Status (18000)	3					
	Major Organ Transplant Status, Except Lung (18000)	2					
	Malnutrition (15600)	1					
	Morbid Obesity (18000)	1					
	Myelodysplastic Syndromes and Myelofibrosis (18000)	1					
	Multi-Drug Resistant Organism (MDRO) (11700)	1					
	Multiple Sclerosis (15200)	2					
	Narcolepsy and Cataplexy (18000)	1					
	Pancreatitis - Chronic (18000)	1					
	Psoriatic Arthropathy and Systemic Sclerosis (18000)	1					
	Pulmonary Fibrosis and Other Chronic Lung Disorders (18000)	1					
	Respiratory Arrest (18000)	1					
	Systemic Lupus Erythematosus, Other Connective Tissue Disorders (18000)	1					
	Aseptic Necrosis of Bone (18000)	1					
	Bone/Joint/Muscle Infections/Necrosis (18000)	2					
	Disorders of Immunity (18000)	1					
	HIV/AIDS (SNF Claim)	8					
	Opportunistic Infections (18000 – see Dx Mapping Tool)	2					
	Specified Hereditary Metabolic/Immune Disorders (18000)	1					
	Wound Infection Code (I2500)	2					
	Foot Infections, Ulcers and Open Wounds (M1040A, M1040B, M1040C)	1					
	Severe Skin Burn or Condition (18000)	1					
	Unhealed Pressure Ulcer – Stage 4 (M0300D1)	1					
	Bladder and Bowel: Intermittent Catheterization (H0100D)	1					
		1					
	Bladder Bowel: Ostomy inc. Urostomy, Ileostomy, and Colostomy (H0100C)	1					
	Feeding Tube (K0510B2)	5					
	Intravenous Medication (OO100H2)						
	Isolation (OO100M2)	1					
	Radiation (O0100B2)	1					
	Transfusion (O010012)	2					
	Suctioning (O0100D2)	1					
	Tracheostomy Care (O0100E2)	1					
	Ventilator or Respirator (O0100F2)	4					
	· · · · · · · · · · · · · · · · · · ·						

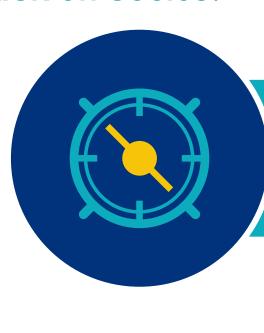
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Source: **QRM PDPM Worksheet** 



## PDPM Top Misses

Get back on course.

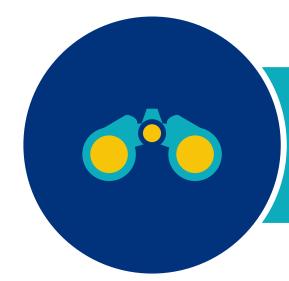


ST

Swallowing disorder

Mechanically altered diet





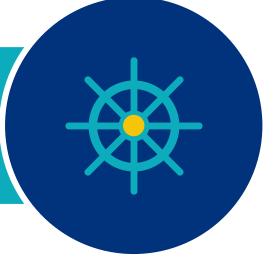
#### Nursing

Shortness of breath while lying flat with COPD

NTA

ST

Failing to report conditions/DX in all MDS capture sites





## CMS % Capture Averages by Category

Reported by CORE Analytics

PDPM Category	Target Area	National %		
PT/OT	Non-Orthopedic surgery and acute neurologic	21.6%		
SLP 1	All three	7.3%		
SLP 2	Both (mech altered diet & swallowing disorder) (SC)	15.2%		
Nursing	Special care high (D-G)	35.1%		
Nursing	Extensive services (A-C)	7.8%		
Nursing	Depression end-split	19.7%		
NTA	3-5 points (D) Note: $E=1-2$ and $F=0$	33.0%		
NTA	6-8 points (C)	9.5%		
NTA	9-11 points (B)	3.8%		
NTA	12+ points (A)	1.6%		
N/A	PPD rate (AWI=1)	\$627		
N/A	Average length of stay	26.3		



#### FY 2023 CMI and Base Rates

Classification	PT CMI	PT Rate	OT CMI	OT Rate	SLP CMI	SLP Rate	Nursing Case Mix Group	Nursing CMI	Nursing Rate	NTA CMI	NTA Rate
Rural											
Α	1.49	\$112.2	1.45	\$100.28	0.66	\$20.51	ES3	3.95	\$434.58	3.15	\$261.45
В	1.65	\$124.25	1.59	\$109.96	1.77	\$54.99	ES2	2.99	\$328.96	2.46	\$201.18
С	1.83	\$137.8	1.64	\$113.12	2.60	\$80.78	ES1	2.85	\$313.56	1.79	\$148.57
D	1.87	\$140.81	1.49	\$103.05	1.42	\$44.12	HDE2	2.33	\$256.35	1.29	\$107.07
Е	1.38	\$103.91	1.37	\$94.75	2.28	\$70.84	HDE1	1.94	\$213.44	0.93	\$77.19
F	1.57	\$118.22	1.56	\$107.89	2.90	\$90.1	HBC2	2.18	\$239.84	0.70	58.1
G	1.62	\$121.99	1.60	\$110.66	1.98	\$61.52	HBC1	1.81	\$199.14		
Н	1.13	\$85.09	1.12	\$77.46	2.78	\$86.37	LDE2	2.02	\$222.24		
I	1.10	\$82.83	1.15	\$79.53	3.43	\$106.57	LDE1	1.68	\$184.83		

and Rate by HIPPS

2023 CMI



# Poll Question #2



### Overcoming the Misses

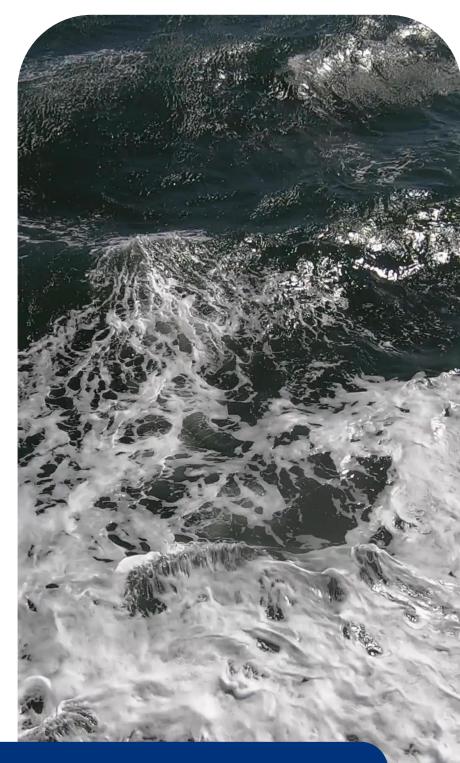
Break through the waves and educate your team on Section K.

#### **Swallowing and Mechanically Altered Diet**

#### **Impact of Accuracy**

- Early identification of potential swallowing problem that could lead to serious complications including the possibilities of aspiration, pneumonia and hospitalization
- Loss of ST component revenue capture commensurate with care
   Why the Miss
- Identification and evaluation of complications after the close of the assessment window
- IDT lack of education and information surrounding the 4 Section K questions driving capture of "swallowing disorder" for ST component (refer to PDPM worksheet)
- Mechanically altered diets not captured if upgraded during the window

**Note:** If ordered and consumed even once during look back it should be captured



Myth: Must have a DX of Dysphagia to capture swallow disorder - however, identification of a problem leads to further evaluation and assessment



### Overcoming the Misses

Dive into the unknown.



## COPD/Asthma/Chronic Lung Disorder with shortness of breath while lying flat

#### Impact of Accuracy

- Potential lack of management of increased fluid on the lungs, difficulty breathing and potential lack of oxygen
- Miss of potential Nursing special care high reimbursement commensurate with care

#### Why the Miss

- Lack of DX capture of active COPD or Chronic Lung Disorder by practitioner
- Absent documentation
- Head of bed elevated or resident sleeping in recliner without the reason found in the EMR



## Overcoming the Misses

**Explore uncharted waters.** 

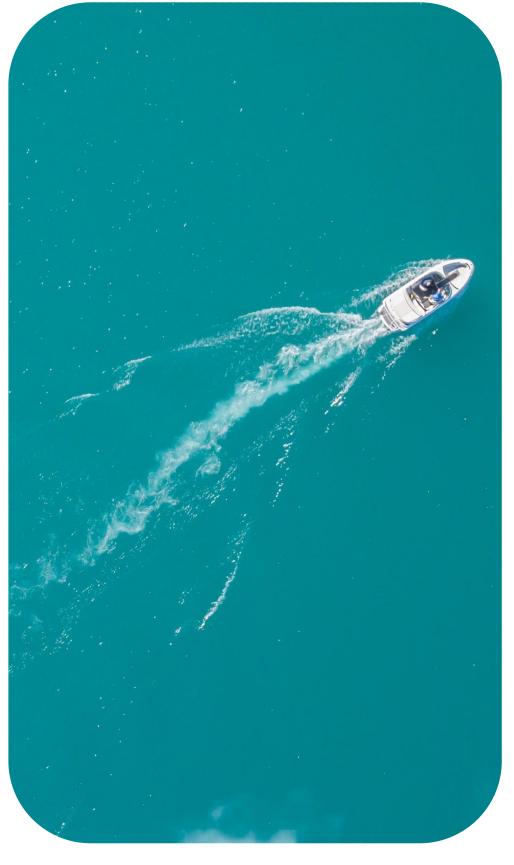
#### NTA

#### **Impact of Accuracy**

- Capture of all active DX and conditions leads to improvements in delivery of care, care planning and resolution of medical complications for successful outcomes.
- NTA value is TRIPLED day 1-3 for payment (hundreds of dollars at risk for medications and care provided)

#### Why the Miss

- Lack of DX capture in I0020B AND in I8000
- Lack of DX in I8000
- Lack of check on MDS indicating an active DX or condition
- Absent provider DX in medical record to support capture
- Absent documentation in the medical record to support overall capture on MDS





## Smooth Sailing Beyond 2023

#### **Strategies for success**

- Invest in education of your IDT members
- Identify gaps in capture, processes and communication
- Implement strategies for monitoring capture prior to ARD (UDA)
- Utilize your partners for support
- Trend and review your PDPM capture by Component
- Tune into state-by-state Medicaid reimbursement re-Modeling
- QM's watch for updates from CMS on G replacement





#### Resources

MDS 3.0 Final Item Sets

Color Coded MDS from Briggs

RAI Manual

CMS GG Training Video

**QRM PDPM Worksheet** 

AAPACN GG Tracker (OBRA Assessment Example)

**QRM PDPM Rate Calculator with CMI Tab** 

**Diagnosis List** 

**QRM Physician Query Form** 

CMS Proposed Rule Fact Sheet

CMS Full Proposed Rule





## Additional Service Offerings

QRM keeps you afloat.

#### LTC Branding & Marketing

- Branding & Logo Design
- Website Design & Management
- Search Engine Optimization (SEO)
- Social Media Management
- Google Listing
- Print Collateral

View Portfolio

#### **MDS** Oversight

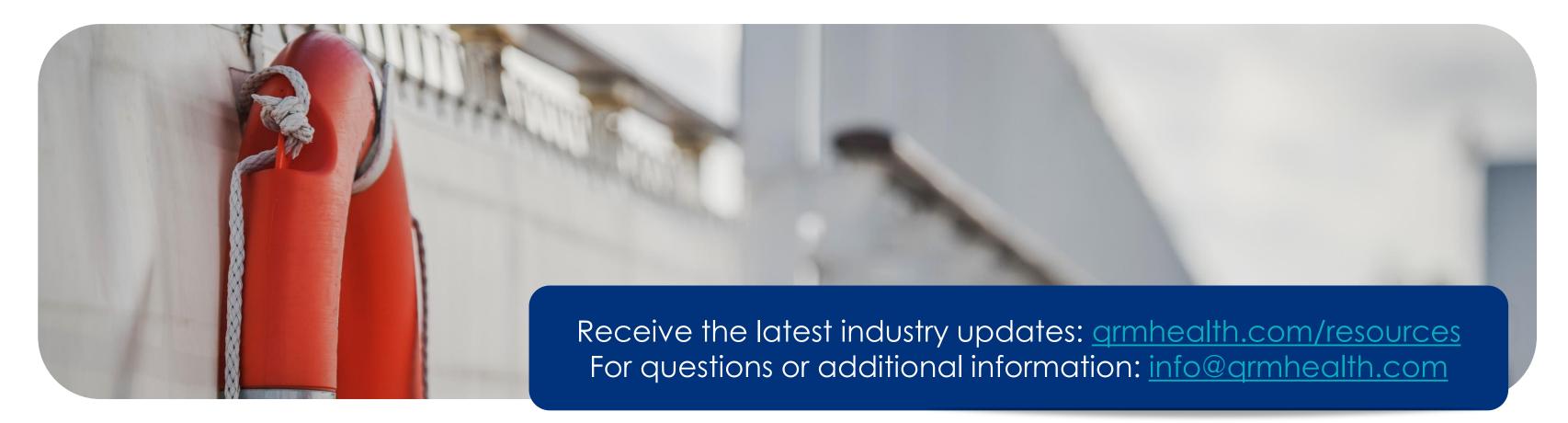
- Monitoring MDS Submissions
- MDS Compliance Reporting
- Reimbursement Capture
- Regulatory Compliance
- MDS Support Hotline
- 5-Star Analysis
- RAI Education

Learn More

#### **Multi-Claim Contractor Audits**

- MAC Probe Review
- SMRC Review
- UPIC Review

Learn More



#### **CORE** Analytics joins the Simple/Netsmart family!







The first complete view of

Claims + MDS + Staffing



## Questions?

Thank you for attending

Presented By: Susan Krall, PT, CSO, QRM





## Thanks for joining us today!

Webinar recording and slides available here